

**WEST DENNIS YACHT CLUB
2021 SAILING SCHOOL INFORMATION PACKET**



Dear Parents and Sailors,

Winter 2021

West Dennis Yacht Club Sailing School is preparing for the 2021 sailing season. Enclosed in this packet are descriptions of the classes, schedules and fees. Please send the registration forms with payment at the earliest possible date to ensure a place in the appropriate class. Classes are filled on a first come first serve basis. Sign up will be through the fleet captain this year (ddpkwatson@gmail.com). Please sign up by June 1st. Just like last year Sailing School will be for members only. At this time all classes will be capped 10 sailors if the Governors Guidelines change so will the cap number. Everyone must to be a member!

The 2021 season will begin on Monday June 21st. A swim test will be administered during the first week of class. A Mandatory Orientation Session at will be held on Saturday Morning 20th at 10am for all students enrolled in sailing at WDYCSSL. The daily procedures of WDYCSSL will be outlined. There will be an opportunity to meet the staff and have questions answered. For those sailors with their own boats, a seasonal inspection will be done with the staff. This is an excellent opportunity for families to get some help rigging their boats. The orientation should be fun and informative for parents and students.

In addition to the application, the US Sailing medical consent form, the liability form and the rules of conduct are included in this packet. All forms must be completed and include a parental signature for each student. Please do not use one form for multiple children in the same family. Please note that applications will not be processed until WDYCSSL has received payment in full. No sailor will be allowed to participate in any WDYCSSL activity, (including orientation), until payment and forms have been received. Notification of successful enrollment in WDYCSSL will be done via email or phone. Classes will be filled on a first come, first serve basis.

A completed application must include the following documents:

1. Application with payment in full.
2. Signed Medical Form
3. Signed Waiver of responsibility
4. Signed Rules, (This should be signed by the student and parent).

Thank you for your interest in West Dennis Yacht Club Sailing School. Please email Amanda Donahue at Wdycsailingdirector@gmail.com with any further questions. I look forward to seeing you on the water this summer.

Sincerely,
Dave Watson Fleet Captain

Sailing School Safety Guidelines

- All sailors will sign in daily at one entrance.
- Sailors will be checked to make sure they have their neck gaiter, used the hand-sanitizer we will provide, and asked if they have had any symptoms or have been sick in the last 24hrs
- If a sailor or instructor has been sick in the last 24hrs or shows signs of being sick they will not be allowed into the sailing area
- All employees must sanitize their hand before entering the sailing area
- Anyone that enters the sailing area must wear a face covering including parents and grandparents.
- All sailors and instructors must wear a Neck Gaiter/Bufs. No masks!
- Everyone that enters the sailing must sanitize their hands including parents and grandparents.
- Class will be limited to 10 sailors
- Each class will be scheduled to begin and finish with a 30-minute in the morning and 15 minutes in the afternoon interval so that we only have one class rigging at a time.
Therefore, there will be one class at a time on the docks; one class at a time on the paved & grass areas of the sailing area.
- All boats and equipment will be washed before the next class and at the end of the day by the staff.
- All sailors must leave the sailing area as soon as the boats and equipment are put away and class is over to make room for the next class.
- Lockers will not be available this summer.
- Boats will only be used for sailing classes. Therefore, members will not be able to use any club owned boats.
- All paperwork must be handled electronically.

PROGRAMS: 2021

Classes are scheduled Monday – Friday. The enclosed schedule and fee sheet outlines class times.

PRE-SAILING

WDYC Pre-Sailors: offers children ages 5 to 7 a well-rounded experience that emphasizes safety, fun, and a love of sailing. Sailors are taught by professional instructors and longtime sailing enthusiasts. Pre-Sail maintains a low ratio of sailors to counselors, which will enhance your child's learning and development.

OPTI & 420

The Opti classes are separated into three levels of ability. A student needs to be at least 6 years old.

Beginner Opti: This class is designed for children between the ages of 6 and 8. This is an introductory class that seeks to get them comfortable with boats and terminology. Seamanship and learning based games are strongly stressed.

Intermediate Opt: For children at least 9 years old who will sail Optimists. This class is where they learn the basics to sailing. Becoming comfortable with skippering, crewing, knot tying, rigging, basic rules of ways and safety are just some of what will be taught. **(Must own an Opti)**

Advanced Intermediate Opt: This class is children that has taking Intermediate Opti for one year. To improve their skills in skippering, crewing, knot tying, rigging, basic rules of ways and safety before they move on to the Opti race team or beginners 420. **(Must own an Opti)**

Cruising: This class is designed for sailors who are not interested in racing, and have finished 2 full seasons of sailing classes and are at least 12 years old for the 420 Cruising class. This class is a time for the sailors to experience a fun day on the river, sunfish, 420s, or another type of boat.

420 Beginner: For older children at least 12-13 years old who will sail mainly 420s. This class will cover the basics to sailing along with skippering, crewing, knot tying, rigging, basic rules of ways, and safety.

420 Int: This course builds on what sailors have learned in the Optimist groups and 420 Beginner group. Sailors will sharpen their skills with advanced drills and enhance their knowledge of right of way rules, spinnaker/trapeze, and navigation.

Intro to 420 racing: This class is for sailors that have successfully completed the Intermediate 420 class and are new to 420 racing. The class will begin with working on mastering racing techniques and maneuvering around a course.

Race Team 420 B: This class is offered in either the Optimist or 420. This is where sailors sharpen their boat handling and are introduced to racing tactics. Here they will learn the basics of racing and improve their knowledge of racing rules.

Race Team 420 A & Opti: This class is offered in either the Optimist or 420. Sailors will be assigned to the WDYC Race Team according to ability. Entrance into this level is only per the sailing director. Sailors must sign up for Race Team B (must be a member of the WDYC)

CLASS SCHEDULE

WDYCSS operates By the Week or Full Season of sailing. We encourage all students to enroll in Full Season sessions, and offer a savings for enrollment in the Full Season program.

W.D.Y.C Dates

First Day June 21st – Last Day Aug. 13th

**WDYC Invitational July 12th

** There will be no classes on July 12th and they will not be reschedule

PROGRAM SCHEDULE

Race Teams

420A 12:45pm – 3:45pm Mon. – Fri.

Opti 1:15pm – 4:15 Mon – Fri.

MUST BE A MEMBER OF THE WDYC

Sailors who are planning on trying out for Race Team A must sign up for Race Team B
Race teams are required to have their boats rigged and in the water before class starts

There will be no class made up unless approved by the Sailing Director

Beginner Opti 420 9:30am – 12:30am
Monday, Wednesday & Friday (Group 1)
Tuesday & Thursday (Group 2)
Monday thru Friday (Group 3)

Intermediate Opti
A Opti 8:30am – 11:30am
Monday, Wednesday & Friday (Group 1)
Tuesday & Thursday (Group 2)
Monday thru Friday (Group 3)

Advanced Intermediate Opti
A Opti 12:15pm – 3:15pm
Monday, Wednesday & Friday (Group 1)
Tuesday & Thursday (Group 2)
Monday thru Friday (Group 3)

420 Race Team B
12:45pm-3:45pm
Monday, Wednesday, Friday

Adult Learn to Sail
Contact the sailing
Director

Beginners 420 8am – 11am
Monday, Wednesday & Friday (Group 1)
Tuesday & Thursday (Group 2)
Monday thru Friday (Group 3)

420 Intermediate 9am – 12pm
Monday, Wednesday & Friday (Group 1)
Tuesday & Thursday (Group 2)
Monday thru Friday (Group 3)

Cruising Class 1:30pm – 4:30pm
Monday, Wednesday & Friday (Group 1)
Monday thru Friday (Group 3)

Intro to Race 420
1:15pm – 4:15pm
Monday, Wednesday, Friday

WDYC Pre-Sail

9am - 12pm

Tuesday, Wednesday & Thursday age 5&7

W.D.Y.C Fee Schedule

Sailing Level	Member	
	Week	Season
**Beginner Opti (1)	\$161	\$854
**Beginner Opti (2)	\$138	\$731
**Beginner Opti (3)	\$227	\$1139
Int. Opti (1)	\$161	\$854
Int. Opti (2)	\$138	\$731
Int. Opti (3)	\$227	\$1139
Adv Opti (1)	\$161	\$854
Adv. Opti (2)	\$138	\$731
Adv. Opti (3)	\$227	\$1139
420 Beginner (1)	\$161	\$854
420 Beginner (2)	\$138	\$731
420 Beginner (3)	\$227	\$1139
420 Int (1)	\$160	\$853
420 Int (2)	\$138	\$731
420 Int (3)	\$227	\$1139
Cruising Class 420 (1)	\$161	\$853
Cruising Class 420 (3)	\$227	\$1139
Intro to Race 420	\$161	\$853
Opti Race Team B	\$N/A	\$914
*Opt Race Team A	N/A	\$1092
420 Race Team B	N/A	\$914
*420 Race Team A	N/A	\$1092
Sea-Squirts 1	\$161	\$854

Adult Sailing

Private Lessons: to be scheduled with program director \$81.00/hour

Private Lessons: 2 students: \$150.00/hour

*Entrance into this level is only by trying out Sailors must sign up for Race Team B.

** Will have more than one sailor in a boat and use numerous club boats.

*** For any additional sailors

2020 WDYC SAILING APPLICATION FOR ENROLLMENT
(One application per student)

SAILERS NAME _____ D.O.B: _____ / _____ / _____

Age on June 21th, 2021 _____ PARENTS NAME _____

MAILING ADDRESS: _____

EMAIL ADDRESS: _____

CELL PHONE: _____ LOCAL PHONE: _____

ALLERGIES: (Please list details on med FORM)

WDYC MEMBER? Yes ___ / N ___ (reciprocity is not extended to members of other yacht clubs)

OPTI CLASSES	<u>X</u>	<u>Week(s) / Season</u>
Beginners 9:30-12:30am		
M, W, F (Group 1)		
T, TH (Group 2)		
M-F (Group 3)		
Intermediate 8:30-11:30am		
M, W, F (Group 1)		
T, TH (Group 2)		
M-F (Group 3)		
Opti. Race Team A&B 1:15pm-4:15:pm		
Advance Opti 12:15pm – 3:15pm		
Pre-Sailors 9:00am – 12:00pm		

420 CLASSES	<u>X</u>	<u>Week(s)/ Season</u>
Beginner 8am- 11am		
M, W, F (Group 1)		
T, TH (Group 2)		
M-F (Group3)		
Intermediate: 9am-12am		
M, W, F (Group 1)		
T, TH (Group 2)		
M-F (Group 3)		
Cruising Class 420 1:30pm-4:30pm		
Intro To Race 420 1:00pm – 4:00pm (M, W, F)		
420 Race Team A/B 12:45pm-3:45pm		

THE MOST FREQUENTLY ASKED QUESTIONS

What Boats Will Be Used In The Program?

Prams- Pram is a single-handed, fiberglass boat that is easy to rig, so it is ideal for the young sailor.

Optimist- The optimist is similar to the Pram but is used in the more advanced classes, as well as for beginners. It is also a single handed boat but it is not limited to the beginner sailor as it allows ample room for development. The Optimist is used at the advanced level to learn and develop racing skills. It is a very popular boat for young racers across the country and throughout the world.

420's - The club 420 is a high performance, double handed boat. It can be sailed with or without a trapeze and a spinnaker. It is ideal for the older, more advanced racer.

What Do The Children Have To Bring With Them?

US Coast Guard approved Life Jacket

Change of clothes, including a bathing suit

Footwear (rubber soled, non-skid boat shoes or Aqua socks)

Sunscreen, hat, water bottle, jacket, whistle, sunglasses, towel

Are The Students Required To Take A Swim Test?

Yes. Within the first week of class, on a specified day, all the students will be required to take a swim test. They will be asked to swim approximately 50 yards, and to tread water for one minute. The students must pass the swim test in order to sail in the program. Please make sure that your child has a towel and a change of clothes.

Do You Have Lockers Will not be Available

There are lockers available. We recommend that the students stow all their personal belongings in a duffel bag or backpack. Please be sure to write your child's name on all items. The West Dennis Yacht Club will not be responsible for any lost articles.

Can My Child Ride Their Bike To Sailing School?

Yes. There is a bike rack located at the back of the club. Bicycles should be locked at all times and please remember that the West Dennis Yacht Club will not be responsible for lost or stolen bicycles.

What If I Have A Question? Concern Or Suggestion?

Any questions or problems that arise during the summer should be addressed directly to the Program Director who will be available Monday through Friday from 8:30am to 4:30pm. e-mail the Fleet Captain ddpkwatson@gmail.com or Sailing Director Amanada Donahue wdycsailingdirector@gmail.com

Will My Child Be Able To Buy Lunch At WDYC?

West Dennis Yacht Club does offer lunch. Members, guests and students will be able to purchase lunch and sit either in the Ballroom or on the porch. Please note - There will be no supervision.

How Do I Find Out Information About Upcoming Events?

There will be a bulletin board located in the junior yacht club room that will post upcoming events.

What About Inclement Weather?

On rainy days, if it isn't too windy, sailing classes will be held. It is essential that students bring rain gear and be prepared to sail. In the case of foul weather, whether it is fog, wind, or heavy rain, the final decision on whether or not the students sail will be made by the Program Director. Land classes will be held if the Program Director decides it is unsafe to go out on the water.

Where Can We Store Our Privately Owned Boats?

Privately owned Optimist & 420's can be stored at the club for a fee.

May I Bring A Friend To Class?

No. Sorry, due to liability, WDYC has a no guest policy for any child that is not enrolled in the program.

How Long Can My Child Stay At The WDYC Facilities?

Please keep in mind that the Sailing School is not equipped to supervise or handle sailors once their class has ended. New classes will be arriving, so please be prompt in picking your child up as soon as their class is over. Lunch will be unsupervised.

Will There Be Social Activities In The Evening Such As Dances?

Social activities for juniors that are not sailing related will be under the jurisdiction of the Junior Yacht Club

Students Missing Class?

Please remember to advise the Sailing Director if your child will be missing a class, Class can be made up with permission from the sailing director.

Will There Be A Make Up Date For The Classes Missed Because Of The Invitational?

No. Because of safety reasons (to many kids in one class) we can't reschedule a make up for classes missed.

RACING AT WDYC

Wednesday Club Racing

Wednesday races are a sailing school sponsored race.

To race the sailor must be approved by the Sailing Director or coaches.

Times: Every Wednesday 1pm - 4pm

Saturday Races

Saturday Races are a club member sponsored race

All members are invited to race

For time and date will be posted on the Sailing bulletin board

WDYC Invitational – Not this year

The WDYC Invitational is a club sponsored race, where WDYC invites other sailing programs to race at the club.

The club is always looking for members to volunteers to help out with the Invitational. If you are interested in volunteering please e-mail the Fleet captain (ddpkwatson@gmail.com) For date and times and to download the Registration Form, Waiver Form and Sailing Instructions see the racing coaches.

Southern Massachusetts Sailing Association

WDYC is a member of SMSA. This allows our sailing students that attend interclub races and regattas to accumulate points earned during these races. There are trophies awarded based on these points obtained throughout the summer.

The SMSA is a non-profit organization founded in 1929 to encourage the sport of sailing and racing: to foster and encourage social fellowship between member clubs, to promote inter-community sailing races and regattas among member clubs and to foster national and international amateur sailing competition.

Chartering WDYC Sailing boats:

Sailors must be member of the West Dennis Yacht Club

If a WDYC boat is going to be chartered for a non-sailing school sanctioned event there will be a fee of \$115 per day. The boat will be assigned by the Sailing Director or Fleet Captain.

No boats will be sailed if wind reaches or goes over 17 mph.

Boats must be signed out.

Everyone must be qualified to use any of the WDYC boats.

How to get qualified to use a WDYC sailboats? Call the sailing Director (508-432-7767) and He / She will schedule a time for you to get qualified by a sailing instructor.

Must wear a Coast Guard approved PFD at all-time.

EMERGENCY MEDICAL FORM
West Dennis Yacht Club

I give permission for my son/daughter, _____, to participate in the West Dennis Yacht Club Sailing Program. I also, hereby, absolve the West Dennis Yacht Club, its officers, members, employees, and members of the Junior Yacht Club from all responsibility and liability due to injury, loss of life, or damage to personal property. Additionally, permission is granted to transport my child named above for local medical treatment should an emergency occur, with the understanding that the West Dennis Yacht Club will attempt to notify me immediately.

I also understand that my child, as a participant of the West Dennis Yacht Club Sailing Program, must pass a swimming test and also is responsible to adhere to the rules of the West Dennis Yacht Club for the duration of their program participation. Failure to do so could result in loss of participation in this sailing program without refund.

Sailor's Signature _____

Parent/Guardian Signature _____

Emergency Information
Person(s) to be contacted:

Name/ Relationship

Phone

Please list detailed allergies/ medications/ learning disabilities

RULES OF SAFETY AND CONDUCT

Class Preparation

1. A swimming test must be passed each Year.
2. Personal Flotation Devices (PFDs') must be worn by all students and instructors at all times while on the docks, floats or boats.
3. Appropriate protective foot wear will be worn by students and instructors at all time while on docks, floats and boats.
4. Punctuality is expected.

General Conduct

Fair Play, Team Cooperation, Good Sportsmanship are expected behavior at West Dennis Yacht Club Sailing School

5. Instructors' directions regarding boats, skippers and crews, weather, etc. must be obeyed. Instructors' safety signals MUST be obeyed: voice, whistle or flag
6. Offensive behavior or language will not be tolerated.
7. The staff, grounds and members of the West Dennis Yacht Club will be respected.
8. All equipment, supplies and vessels will be used safely and conscientiously.
9. Respect for the rights and property of neighbors is expected.

Specific Conduct

10. Boats and equipment will be left in proper condition and stored appropriately at the end of each day.
11. Running on the docks is not permitted.
12. Swimming in the River is not allowed.
13. WDYCSSL is not responsible for items left on the property. All personal effects will be taken home daily. Items left longer than one week will be donated to a local charity.
14. Students must strive to develop competency in safety drills, capsize drills, towing and rescue procedures.
15. The WDYCSSL Race Team has the rights to the WDYC boats when there is a race or Invitational.
16. Member only may use the WDYC boats outside of sailing school.

Please keep these rules for easy referral. Do not return with the application.

Discipline Policy

1, 2, 3 Strikes You're Out

In order to run a safe and productive program we need to have a discipline policy. Our discipline policy maintains that each sailor will have three chances to correct any disciplinary problems that arise.

1. First "strike", your parent will be called by the instructor and the transgression will be reported. This will be recorded on your file and the Program Director will be notified.
2. Second "strike", you and your parents will be asked to meet with the Instructor and the Program Director & Fleet Captain to discuss the first and second transgression and to make a plan to avoid any future misbehavior. The notes from this meeting will also be documented in your file.
3. Third "strike", you're out! We will notify your parents that you are on your way home. You will no longer be welcome in the program. No refund.

"Strikes" include, but are not limited to, **inappropriate language, destruction of property, physical abuse to another student or instructor.**

RESPONSIBILITY and LIABILITY RELEASE

West Dennis Yacht Club Sailing School

West Dennis 02670

Assumption of Risk

I am aware that the activities of the program may involve maneuvering a boat on deep waters in potentially hazardous conditions which may include, without limitation, strong winds and high waves, sudden and unexpected immersion in deep waters and collision with other watercraft and/or stationary objects such as surface and submerged rocks, pilings and buoys. With full knowledge of the dangers involved, I voluntarily request that my child participate in the program. I accept any and all risks to myself and my child in the activities and use of the facilities and property of West Dennis Yacht Club Sailing School and West Dennis Yacht Club, whether or not the losses result from negligence or other action, except for intentional acts of any of the employees or directors.

Waiver of Liability:

I waive and release any right I, my heirs, distributees, guardians, legal representatives and assigns may have or acquire to make claim against, sue, attach the property of, or prosecute West Dennis Yacht Club Sailing School and/or West Dennis Yacht Club or any of their directors for monetary damages caused by injury to my child or damage to the property of myself or my child arising from my child's participation in the activities and use of facilities and property of West Dennis Yacht Club Sailing School and West Dennis Yacht Club, whether or not injury or damage results from the negligence or other action, except intentional acts of the West Dennis Yacht Club Sailing School and/ or the West Dennis Yacht Club employees or any of their directors.

I have carefully read this agreement and understand its contents. I am aware that the agreement includes a waiver of liability and an assumption of risk. I sign this document of my own free will.

Name of Junior Sailor

Name of Parent or Guardian (please print)

Signature of Parent or Guardian Date

**RULES OF SAFETY AND CONDUCT &
DISCIPLINE POLICY**

West Dennis Yacht Club Sailing School

PLEASE carefully read and understand the Rules of Safety and Conduct listed on the following page. After reading, please acknowledge your understanding by signing and returning this page with your completed application.

Retain the list of rules for your use.

I, _____, have read and understand the West Dennis Yacht
Student's name

Club Sailing School Rules of Safety and Conduct. I agree and understand that failure to follow them may result in expulsion from the class, and in the event of repeated violations, expulsion from the program. I further understand that any and all program fees will NOT be refunded in the case of expulsion.

Signature of Student

Date

Signature of Parent

Date

T-SHIRT ORDER FORM

Children: x small, small, medium, large & x large

Adults: small, medium, large & x large

Name	Amount	Size

Contact Info

Name	Email	Phone #